



### **To the Incredible Staff of Almaguin Highland Community Living**

On behalf of the Board of Almaguin Highlands Community Living, I would like to acknowledge the strengths that bond our AHCL Family.

In response to the "New Normal" brought on by Covid 19, each staff member has harnessed all their energy and skills to meet the individual needs of the people receiving supports and their families, the changing needs of coworkers and our community partners,

THANK YOU for your creative outside-the-box thinking. Certainly, many of the people you support felt the effects of widespread cancellations of favorite activities, including Special Olympics, bowling, Summer Fun Days, planned socials, and theme events shared by the community. Your resourcefulness and loyalty to individual goals inspire hope during an uncertain present, and an unknowable future.

THANK YOU AHCL STAFF for accepting the added stress of learning to use new programs, and utilizing technology, phones and emails to communicate in new ways. I am aware that these 'solutions' can be frustrating and unsettling in your caring roles.

For months, many individuals lost important direct contact with their beloved family members, creating a void. THANK YOU SO MUCH for enduring, when your own families and loved ones may require more care and attention at this time. I can only imagine how exhausting some days must be.

THANK YOU for the intense effort required for the completion of larger, ongoing projects such as the pre Covid, King St. project. Your collective leadership makes our communities great places to live.

THANK YOU for displaying the positive and open-minded attitudes that help us all, become better people and thoughtful citizens.

We, the Board are so proud of all of the AHCL Family. Take care of yourselves and each other.

We THANK YOU and salute you!

MaryAnne Maloney

Board President

*If you would like to support the people in your community and the work of our Gentle Heroes, \$10.00 will get you a year's membership to AHCL. For more information please contact Karen Parkes at 705-384-5384 ext. 23.*